



The Herald of the Great King

Spring 2026



Dear Family, Friends, and Benefactors,

We wish you all a most blessed Easter! What inexpressible joy should be ours during the Paschal season! On Easter day, in the sacred Liturgy, we renew and even re-live the moment of our redemption. It is a foretaste of the ultimate victory of Our Lord Jesus Christ, Whose kingdom is not of this world. Neither is our kingdom of this world. We must keep our eyes on heaven, the doors of which Christ opened to us on that first Easter through His Passion and Death, and which must be won through final perseverance in the state of sanctifying grace.

In current times, the Church is undergoing a spiritual crucifixion, as her enemies seek her destruction through the death of her dogmas, morals, and authority. The few number of faithful Catholics should not surprise us. At Our Lord's crucifixion, there were only a few faithful followers who did not abandon Him: the Blessed Virgin Mary, St. John the Evangelist, St. Mary Magdalene, and a few holy women. The enemies of Christ rejoiced in what they believed to be their victory and His destruction, but it was they who were defeated when He rose triumphantly from the tomb. Likewise, the final victory belongs to Christ, as He has promised that the gates of hell will not prevail against the Church. Like the friends of Jesus at the foot of the Cross, let us remain close to Our Lady, co-Redemptrix and Mediatrix of all grace. She will help us to remain faithful and to carry our crosses in our daily lives so that we may rise gloriously with her Divine Son on the Last Day.

It has been almost a year since our last newsletter, and there are many updates concerning the convent of St. Joseph to share with you! For those who have not been following us online, we moved to Burlington, Colorado in July 2025 from Springtown, Texas. It became necessary to move for the better establishment of the convent and God's Divine Providence was slowly providing a new home for us!

After a Girl's Summer camp held in Possum hollow, Texas in June 2025, the Sisters were determined to make a visit to the beautiful National Shrine of Our Lady of Prompt Succor in New Orleans, Louisiana to ask her intercession in finding a new home. We prayed the Rosary inside of the National Shrine, begging for Mary's Motherly care for the future destination of our community. To our surprise, 5 minutes after leaving Our Lady's Shrine, we received a most gracious message from a generous woman we had met in Colorado months ago. She informed us that a guest house was available for our occupation indefinitely! The Sisters thanked Our Lady of Prompt Succor for her motherly care and swift aid!

Arriving in Burlington, Colorado in July 2025, our community acquainted to the small town and historical house provided for us! Fascinatingly, the historical house is known in Burlington as the "G" House, abbreviated for 'Guthrie', the family name of the first owners of the house; however, we consider the "G" to represent 'God's House'! There were multiple refurbishing projects to be done including sanding furniture, decorating our chapel, building the tabernacle for Our Lord, setting up statues,

sewing, and more! We have been abundantly blessed with the charity and friendship of the parishioners at the Immaculate Conception Church located in Burlington!

In January, we had a young aspirant visit the convent to discern her vocation to the Capuchin Franciscan way of life. Divine Providence willed her reception into the postulancy on February 22, the feast of St. Margaret of Cortona. Please pray for her holy perseverance.

With an increase of vocational inquires and growth in our congregation, it is necessary that we establish a permanent location. We have attached our fundraiser flyer at the end of the newsletter, which contains more information. God willing, we beg your charity in assisting us in our necessities.

Convent Chronicles

Here in the convent, we have our own Easter celebrations. In this special season, all of the Sisters pour out their gratitude to Jesus Christ and to Mary, our Co-Redemptrix, by writing poems and songs and reciting them during recreation. Easter hymns ring through halls as we welcome the return of Our Lord in the tabernacle and, of course, it's only fitting to have a cake!

With Easter here, creation is also rejoicing, and we are delighted to welcome back Sister Robin and Brother Rabbit. Life is returning to the vegetation and flower gardens and welcoming Christ with magnificent color, which has made Mother Superior and Sr. Gardener excited to begin planning a flower garden in honor of the Blessed Virgin Mary. We will be sure to post updates as work commences. There is equal excitement for the more intense work of mowing and weed whacking also.

Naturally, there cannot be a letter about the happenings in the convent without something

unexpected to share. On Laetare Sunday, it seemed fitting for the joyful day to include a pancake breakfast, a rare treat, and so simple to make! What could possibly happen? Forty-five minutes later, there they were in all their glory: out of an entire pancake mix box... three pancakes!

Mother Superior: Where are the other pancakes?

Sister cook: These are they, Mother.

Mother Superior: Three pancakes! Out of the whole box? Did you follow the recipe?

Sister cook: Well... not *exactly*, Mother. I thought I knew what the consistency should look like...

Mother Superior: I see a cooking class in the very near future, Daughter.

What are the pancakes like when they take 1/3 of a box of mix each? Dense enough to break glass! Truly, it's one of those moments that make you recall the early days of the Order when Brother Juniper prepared enough soup for his brothers for two weeks without first washing the vegetables or plucking the chicken. You might say we are keeping to our heritage.

With the assurance of our prayers,

The Capuchin Sisters of St. Joseph

For information on how to donate, please see the attached flyer.



Sister Emma Grace Shannon was received into the Order by Our Father Director, Fr. Fray León Speroni, OFMcap, on the Feast of St. Margaret of Cortona.





We had the honor to attend Sister Clare of the Little Way's final profession in the Third Order Secular of St. Francis on the Feast of St. Margaret of Cortona, February 22.



The chapel of our convent



The 'G' House

<https://capuchinfranciscansisters.org/donate/>



Capuchin Franciscan Sisters of St. Joseph **Pax et Bonum!**

Help us to bring the Seraphic Order to the South!

We are semi-contemplative Capuchin Franciscan Sisters with the hope of imitating our Holy Father St. Francis and his mission to spread the love and imitation of Our Lord Jesus Christ throughout the world.

Thus far, we have lived in two temporary locations, but we desire to establish a permanent location for our convent, hopefully in Louisiana. Our ultimate mission is to spread Christ's doctrine through our apostolate which includes helping Catholic families through teaching, instruction in catechism, morals, and doctrine, as well as visiting the sick and elderly and assisting priests. An increase in vocations of young women who wish to dedicate their lives to the service of God urges us to beg of your charity, in the spirit of poverty and humility, to help us in our necessities to make this possible.

Our goal is to raise a sufficient amount to purchase a modest home. You can help us by going to the following [link](#):



We are a 501c3 organization, so all donations are tax exempt.